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Symptom recovery of various types of sleep disorder via
Faradarmani and Psymento-therapy

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Abstract

Objectives: Faradarmani and Psymontology (Founded by Mohammad Ali Taheri) are two Iranian Complementary and alternative Medicines that are based on the theory of "consciousness bond of the parts". According to a theory in Faradarmani, human sleep pattern is programmable in several stages and levels through software-based correction. **Method:** 45 volunteer participants (62.22 % female, 37.78 % male, 2-75 years old, and high school diploma to master's degree) who suffered from various types of sleep disorders undertook Faradarmani and Psymento-therapy treatments. In these treatments the patient is asked to close his/her eyes (optional) for 10-15 minutes each day and undergo the scanning and treatment of the Interuniversal Consciousness. Recovery criteria are the patient's self-reports. **Results:** 8 types of sleep disorders (nightmare, insomnia, hypersomnia, disturbed sleep and sleep paralysis) were treated through Faradarmani and Psymento-therapy. **Conclusion:** Faradarmani and Psymento-therapy can be used as an Iranian C.A.M. in treating sleep disorders.

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Keywords: Faradarmani, Psymento-therapy, complementary and alternative medicine, sleep disorder;

1. Introduction

1.1. Definition of Faradarmani and Psymontology

The organization of the National Centre for Complementary and Alternative Medicine (NCCAM) has classified C.A.M. into five categories. Faradarmani and Psymontology fall under the fourth category of Mind-Body Intervention and the sub-category of Mental treatment. As a *qualitative* method of treatment, they recognize the essence of man and take action to improve the condition of the patient without any kind of intervention in the quantitative process of treatment (classic conventional medicine) or any hardware manipulation. By hardware we mean the treatments applied physically such as pharmaceutical, invasive & surgical, physiotherapy, massage therapy, or any other similar method in which utensils and devices are to be implemented. (Taheri, Report on drug rehabilitation with Faradarmani, WCPCG 2012)

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Faradarmani and Psymeto-therapy (one of the branches of Psymetology) are two Iranian Complementary and alternative Medicines (Founded by Mohammad Ali Taheri) that are based on the theory of "**The Consciousness Bond of the Parts**" or "**Constituents Having Consciousness in Common**". "Through these therapies, the patient/individual becomes connected to the Interuniversal Consciousness (The collection of awareness or consciousness encompassing the universe) via the Fara-therapist / Psymeto-therapist [the practitioner only plays an intermediary role in providing the connection between the individual and the Interuniversal Consciousness]. After this bond is established, the person automatically undergoes the Scanning stage in which all existential constituents of the individual undergo scrutiny through the Consciousness Bond in order to detect any manifested or hidden defects or diseases. Scanning means inspecting the individual's whole being which encompasses countless different constituents (Diverse bodies including the physical body, psycheal body, Mental body, Astral body and so on, various energy transformers namely known as "Chakra", numerous energy channels like those of limited, restricted or the fourteen non-physiological channels in the body as investigated and studied in acupuncture, varied energy fields, components such as cellular intelligence, molecular frequency, several software constituents, and an infinite number of other unidentified elements, software-based constituents, and the like). Therefore, accomplishing this task is not possible except via the help of a grand intelligence beyond the wisdom, expertise and knowledge of human." (Taheri, 2012)

"One of the important theories in *Faradarmani* is the "repair ability and correction ability of different constituents of human existence". According to this theory, every constituent of human existence has repair-ability, and this important phenomenon is accomplished in *Faradarmani* through certain general ways as categorized below:" (Taheri, Report on drug rehabilitation with Faradarmani, WCPCG 2012).

1.1.1. Repair ability and correction ability

According to the following categorization, the phenomenon of cell and organ repair and correction takes place in different ways:

1.1.a. Repair and correction of cells and organs

1.1.a.1. Histological

Sometimes repair occurs only at the histological level, for instance, repair of bone tissues in fractures, cartilage repair in arthritis, repair of muscle tissues, and similar cases. Although medical studies have shown that repair is possible in some of the body tissues, according to conventional medicine, repair is impossible in cases such as brain-spinal cord tissues, necrotic tissues, and the like. However, experiences gained through Faradarmani show that repair can occur in all such cases (Taheri, Report on drug rehabilitation with Faradarmani, WCPCG 2012).

1.1.a.2. Functional repair and correction

(a) Function of the organ: cases where organ dysfunction occurs without any abnormality in tissue or cellular level, such as heart dysfunction.

(b) Function of cells: cases where the cell is dysfunctional and consecutively further problems emerge, such as over-activity in different kinds of cancer, and under-activity in organ atrophy. With Faradarmani organ function can be corrected and cell function can be restored to its natural state (Taheri, Report on drug rehabilitation with Faradarmani, WCPCG 2012).

1.1.a.3. Morphological repair

In some cases the size and appearance of the damaged organ are repaired. For instance, return of liver or heart to their normal condition in patients who have hepatomegaly or cardiomegaly (Taheri, Report on drug rehabilitation with Faradarmani, WCPCG 2012). Experiments have shown that all the above mentioned histological, functional and morphological repairs by Faradarmani have been made possible through accessing the stored data in cells:

1.1.b. Repair of cell and organ fatigue

In some cases, cells get exhausted and therefore malfunction. Experiences gained in Faradarmani show that it is capable of eliminating the exhaustion from cells, organs and body and cause them to retain more energy. There are several cases in which elderly people suffering from years of chronic weakness and fatigue have been cured through Faradarmani with increased feelings of strength and vitality (Taheri, Report on drug rehabilitation with Faradarmani, WCPCG 2012).

1.1.c. Repair of cell non-functionality

One of the important coefficients in cellular function is the Cellular Potential Decline (drop) Coefficient indicating the rate in which a cell is approaching non-functionality. Experiences in Faradarmani have demonstrated

that cells approaching toward non-functionality have been once again activated and in some cases it has also been observed that a non-functional cell has been re-activated. For instance, repair in necrotic tissues or activation of the pancreatic cells in Diabetes type one and two (Taheri, Report on drug rehabilitation with Faradarmani, WCPCG 2012).

1.1.d. Non-cell organic repair

In this type of repair which is independent from cell repair, factors other than cells are causing problems for body organs. For instance, repair of an obstruction in coronary vessels caused by accumulation of fat molecules or stones such as oxalate, urea, phosphates and drug related stones in kidney, gallbladder and urinary bladder is independent from cell repair. Via Faradarmani, these trouble making molecules are exposed to consciousness field and the molecules change their behavior. This means the behavior of these molecules becomes a function of the consciousness field and thus the necessary actions are taken toward elimination of obstacle. As a result, necessary changes happen to their molecular structures and the fault is repaired. (Such procedures happening under the influence of consciousness field are determined by the intelligence governing the field). For example, in some cases the disturbing molecules leave each other and process of decomposition takes place; as in the case of coronary vessel obstruction, the fat molecules fall apart, the blockage gets resolved and the vessels become opened. Or the kidney or bladder stones get dissolved and disappear. The same applies to fatty or bony or other types of protrusions which all get decomposed and resolved under the influence of the consciousness field. In Faradarmani, treatments which take place in this way are based on such theory and comply with its rules (Taheri, Report on drug rehabilitation with Faradarmani, WCPCG 2012).

1.1.e. Software Correction

In Faradarmani one of the important factors which influence the correction and repair of different body parts including software-based part is the "**Consciousness Field**". The software-based programs of human existence have capability of being corrected/repared in the vicinity of a "consciousness field". This happens by reaching a level of consciousness which is in synchronization with the new "consciousness field". **An example is the application of consciousness field in correcting sleep patterns** (Taheri, 'Theory of Consciousness Field and Consciousness Immunity in Faradarmani,' PSYSOC 2012).

1.1.e.1. The theory of "consciousness field"

"Each particle in the universe is under the influence of several fields such as gravity field, electromagnetic field and so on. Here another field is introduced which is called "Consciousness Field" and at the moment its existence can only be known through experience. The consciousness field has at least 3 therapeutic functions that include:

1.1.e.1.1. *The behavior of a particle in the vicinity of the consciousness field (Formability, Decomposability, Combinability & Repair):* Particles show particular behavior in the vicinity of each field. In the vicinity of consciousness field, each particle is a function of the consciousness of its superior particle. The behavior of particles in vicinity of this field is different from when they are in other fields which include different types of Formability, Combinability & Repair, and Decomposability (Taheri, 'Theory of Consciousness Field and Consciousness Immunity in Faradarmani,' PSYSOC 2012).

1.1.e.1.2. *Software correction in the vicinity of consciousness field:* It is not only the material particles that are influenced by a consciousness field; additionally the software-based programs of human's existence also have the capability of being corrected and repared in the vicinity of a consciousness field. This happens by reaching a level of consciousness which is in synchronization with the new consciousness field. An example is the application of Faradarmani in correcting sleep patterns and rehabilitating drug addictions.

Point: Humans also show different personalities, characteristics, and behaviors in vicinity of different consciousness fields. For instance, a human's behavior is distinctly different in isolation from when he is in a group. Or one's personality is different in various environments such as work and home". (Taheri, 'Theory of Consciousness Field and Consciousness Immunity in Faradarmani,' PSYSOC 2012)

1.1.e.1.3. *Software-based compliance in consciousness field:* In a consciousness field, the software-based programs of human's existence have the capability of complying and harmonizing with the new consciousness field. One of the consequences of this software-based compliance is "**Consciousness Immunity**" (Taheri, 'Theory of Consciousness Field and Consciousness Immunity in Faradarmani,' PSYSOC 2012).

Amongst such software-based corrections is the sleep pattern correction. According to a theory in Faradarmani and Psymatology; human sleep pattern is programmable through several stages and levels.

2. Method

The volunteer participants with various types of sleep disorders undertook Faradarmani and Psymeto-therapy treatments. In this treatment, the patient is asked to close his/her eyes (optional) for 10-15 minutes each day. In the therapy, the patient becomes connected to the Interuniversal Consciousness (the network of awareness and consciousness governing the universe, Divine intelligence) via Fara-therapist. Following this procedure, the patient undergoes the Scanning process; in other words the Interuniversal Consciousness begins to assess and scan the individual. "The scanning stage is the process in which all existential constituents of the individual undergo scrutiny through the Consciousness Bond in order to detect any manifested or hidden defects or diseases, which categorically reveals the patient's health record and systematically removes the problem through various manifestations such of seeing colors, lights, the feeling of movement and activity of some kind of energy throughout the body, also by feeling heat, pain, sharp aches, pulsation, twitching or convulsions and so on. Scanning takes place in a holistic manner affecting all aspects of one's body, psyche, and mind." (Taheri, 'Effect of Faradarmani on public health,' PSYSOC 2012) Then the treatment process commences through a phase called "Externalization"; in accordance to certain patterns in Faradarmani's treatment graphs (Taheri, 2010). Due to the nature of this connection, some information is conveyed and the defective and impaired parts are treated.

This article is based on the reports of 45 patients from different Iranian cities whose various types of sleep disorder symptoms have recovered via Faradarmani and Psymeto-therapy treatments. The recovery criteria are the patient's self-reports on the disappearance or relative reduction of symptoms (Parents reported in case of children).

3. Results

According to the study, among the 45 patients (62.22 % female, 37.78 % male, 2 to 75 years of age, education level ranging from below high school diploma to master's degree), 8 types of sleep disorders (nightmare, insomnia, hypersomnia, disturbed sleep and sleep paralysis) were treated via Faradarmani and Psymeto-therapy.

4. Conclusion

Faradarmani, can be used to improve sleep disorder Symptoms. Base on our findings, we recommend that randomized clinical trials be conducted to evaluate the efficacy of Faradarmani in treating different kinds of diseases.

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